


**Grade 3 Daily Plan – Monday 18<sup>th</sup> of May**

Here is a list of activities for the day. We suggest you do this in the morning, but choose when most suits your family's situation. Have food breaks and outside play breaks regularly between activities.

Subject	Activity	Tick when completed
Reading	Read a novel of your choice for at least 30 minutes. After this, summarise in one paragraph what has happened in your book so far.	
Writing	Write an entry in a gratitude journal for 30 minutes. What is your favourite time of year – Autumn, Winter or Summer of Spring? Why are you grateful for this time? What do you like doing at this time of year the most? What are you looking forward to doing next time? Try to use adjectives to describe some of these things. An adjective is a describing word and describes a noun. For example: <i>enormous</i> mountain, or <i>colourful</i> jumper or <i>windy</i> road.	
Spelling	<p>Your list words for this week include five science specific vocabulary words, <b>state</b>, <b>matter</b>, <b>condensation</b>, <b>solidifying</b> and <b>boiling</b>. Five ISL (Individual Spelling List) words. Any words which were spelt incorrectly last Friday become an ISL word for this week.</p> <ul style="list-style-type: none"> <li>• Create 'word boxes' for your spelling words. A tall letter (such as t, k, h) will need a tall box, a short letter (such as m, n, a) will need a short box and a long letter (such as g, y, j) will need a long box.</li> </ul>	
Maths	<p><u>Mental Maths warm up.</u> Spend 5 minutes practising writing and recalling your five times tables.</p> <p><u>Content focus: Money – notes in Australia. Calculating totals of notes.</u></p> <p>Discuss the five different notes in circulation in Australia. Draw them all and colour them the correct colours. Order these from smallest amount to largest amount. Draw all the different combinations you can find to make \$100. Try to think systematically about how to find as many as you can. Can you find more than 20? For example:</p> 	
P.E.	<p style="text-align: center;"><b>Fitness Session 2</b></p> <ul style="list-style-type: none"> <li>• Complete an 8-stage fitness circuit, can you put some high tempo music on while you exercise?</li> <li>• Spend 30 seconds –1 minute on each activity. How many can you do using an effective technique? (upgrade challenges are listed in brackets)             <ol style="list-style-type: none"> <li>1. Commando crawl (get as low to the ground as you can, use hands and toes to move around, or forearms and toes- how far can you go?)</li> <li>2. Jumping jacks</li> <li>3. Box/step jumps</li> <li>4. Incline push-ups (toes up off the ground, on a chair or step)</li> <li>5. Plank</li> <li>6. Star Jumps</li> <li>7. Jump feet together, side to side,</li> <li>8. Dips</li> </ol> </li> </ul>	
Wellbeing	<p><b>Mindfulness</b> - Take five minutes to sit still and breathe. Set a timer and see if you can sit for the whole five minutes and concentrate on your breath going into and out of your body.</p> <p>In the afternoon, choose between the following activities:</p> <ul style="list-style-type: none"> <li>• Playing outside if possible.</li> <li>• Draw 20 circles and turn each circle into something different, things like pizza, buttons, planets etc. Take a photo and upload it to class dojo.</li> </ul>	




Daily Plans – Grade 3 – Term 2, Week 4 beginning 18<sup>th</sup> May 2020

	<ul style="list-style-type: none"><li>• Lego challenge – you enter a contest to build the world’s tallest tower. Will you win?</li></ul>	
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**Grade 3 Daily Plan – Tuesday 19<sup>th</sup> of May**

Here is a list of activities for the day. We suggest you do this in the morning, but choose when most suits your family's situation. Have food breaks and outside play breaks regularly between activities.

Subject	Activity	Tick when completed
Reading	Read a novel of your choice for 20 minutes. Make a list of 10 verbs you can find in the text. Verbs are doing words. Adverbs are words that describe verbs. See if you can spot any adverbs in your novel. Often, adverbs end in <b>ly</b> . Examples of adverbs are <i>quickly, beautifully, angrily</i> .	
Writing	Write a letter to a teacher you haven't seen for a long time. Maybe it is this year's teacher, or one you had in previous years. Include three paragraphs in your letter, with different information in each paragraph. For example, one paragraph could be about what you have been doing lately, one paragraph could be about your feelings at the moment, and one paragraph could be about something you are looking forward to doing in the future. Try to include at least 5 adverbs in your writing. For example: <i>I happily drew a card for my grandparents.</i> (verb = drew, adverb = happily)	
Spelling	<p>Write the 10 spelling words out on a piece of paper and do look, say cover, write check for each word.</p> <ol style="list-style-type: none"> <li>1. <b>Look</b> carefully at the word</li> <li>2. <b>Say</b> the word</li> <li>3. <b>Cover</b> up the word</li> <li>4. <b>Write</b> the word out from memory (keep the actual word covered up)</li> <li>5. <b>Check</b> if the word you have written from memory is correct.</li> </ol> <p>If it is correct give the word a tick, if it is not correct write the word out correctly five times.</p>	
Maths	<p><u>Mental Maths warm up.</u> Spend 5 minutes practising writing and recalling your five times tables.</p> <p>Content focus: Money.</p> <p>Revise the different notes and coins we use in Australia in 2020.</p> <p><u>Activity 1:</u> Draw how you would pay for the following items – with what combination of notes and coins.</p> <p>For example: A book \$25.50 = </p> <ol style="list-style-type: none"> <li>1. A jumper \$34</li> <li>2. A craft set \$12.50</li> <li>3. A bike \$87</li> <li>4. A hat \$8.80</li> <li>5. A ball \$2.20</li> <li>6. A pack of socks \$7.45</li> <li>7. A drink bottle \$22.95</li> </ol> <p><u>Activity 2:</u> Find 5 other items in your home that cost less than \$100 and estimate the cost of these. Draw two combinations of what notes and coins you could use to pay for these.</p>	
Science	<p><b><u>Learning Task 4.1 - Making Predictions about states of matter</u></b></p> <ul style="list-style-type: none"> <li>• Follow the instructions in the learning task 4.1 and predict what state different materials will be in depending on whether they have had heat or cold applied to them. Make sure to fill out the table on activity sheet 4.1 (in the science attachment) or to copy the table into your exercise book and complete the table in your book.</li> </ul>	



Wellbeing	<p><b>Mindfulness</b> - Create a Zentangle. The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. We call these patterns, tangles. You create tangles with combinations of dots, lines, simple curves, S-curves and orbs. These simple shapes are the "Elemental Strokes" in all Zentangle art. These patterns are drawn on small pieces of paper called "tiles." We call them tiles because you can assemble them into mosaics. For instructions see <a href="https://zentangle.com/">https://zentangle.com/</a></p> <p>In the afternoon, choose between the following activities:</p> <ul style="list-style-type: none"><li>• Playing outside if possible.</li><li>• Draw 20 circles and turn each circle into something different, things like pizza, buttons, planets etc. Take a photo and upload it to class dojo.</li><li>• Lego challenge – you enter a contest to build the world’s tallest tower. Will you win?</li></ul>	
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**Grade 3 Daily Plan – Wednesday 20<sup>th</sup> of May**

Here is a list of activities for the day. We suggest you do this in the morning, but choose when most suits your family's situation. Have food breaks and outside play breaks regularly between activities.

Subject	Activity	Tick when completed
Reading	Read a novel of your choice for 30 minutes. Yesterday you looked at adverbs in your novel. See if you can spot any more in your novel today. They describe verbs and often end in 'ly'. Write down a list of ten you can find in your novel.	
Writing	<p>You are going to write another procedural text to explain how to make something, play something or complete a task. Read over the example of a simple procedural text explaining how to make a cheese and tomato sandwich from last week. That one is simple - see if you can make one that is more detailed and complex. The verbs are highlighted in the step section, as these are an important part of a procedural text.</p> <p>A procedural text has the following subheadings to write under:</p> <ol style="list-style-type: none"> <li>1- An aim or a goal. Explain what you are trying to do.</li> <li>2- What you need. List the items you need to complete the procedure.</li> <li>3- Steps. Explain step by step what you need to do. Write short, sharp and to the point. Use <b>verbs</b> to explain what to do in each step.</li> <li>4- Example of completed product or task: What will it look like? (May be a drawing or photo).</li> </ol> <p>Spend 20 minutes writing some of your procedural text.</p>	
Spelling	<p>Write your ten spelling words out on a piece of paper then write a definition for each word. If you know what the word means you can write the definition in your own words, or you can ask a grown up or an older sibling or use a dictionary to discover the meaning of the word.</p> <p>Eg. boiling – very hot, a liquid heated to the point when it starts to turn into a gas.</p>	
Music	Dance – Shake your “sillys” out then do the “chicken dance”	
Drama	<p><b>Improvisation:</b> 30 Seconds of Character</p> <ol style="list-style-type: none"> <li>1: Choose a character from a book, movie or tv show that you know well.</li> <li>2: Choose a mythical character. For example, unicorn, elf, leprechaun, dragon, hobbit, werewolf etc.</li> <li>3: In the voice of your chosen character, talk for thirty seconds about your mythical creature. You may wish to make some dot points to help in case you get stuck for ideas before the thirty seconds is up. You can time yourself or ask a family member. For example: (Spoken in an Arnold Schwarzeneger voice) Unicorns are my favourite creature. I actually think they are real because sometimes when I am riding my motorbike looking for other Terminators they run alongside me and chat. Unicorns should not be confused with the Pegasus because they don't have wings and are far friendlier.</li> </ol>	
Wellbeing	<p><b>Wellbeing</b> - go on a nature hunt, do not remove things or touch these things, but look for;</p> <ul style="list-style-type: none"> <li>• Three things that are yellow</li> <li>• A seed pod</li> <li>• A smooth rock</li> <li>• A long stick</li> <li>• Two things that can fly</li> </ul>	



	<ul style="list-style-type: none"><li>• Five different sized leaves</li><li>• Something that crawls</li><li>• A spider web</li></ul> <p>In the afternoon, choose between the following activities:</p> <ul style="list-style-type: none"><li>• Playing outside if possible.</li><li>• Draw 20 circles and turn each circle into something different, things like pizza, buttons, planets etc. Take a photo and upload it to class dojo.</li><li>• Lego challenge – you enter a contest to build the world’s tallest tower. Will you win?</li></ul>	
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**Grade 3 Daily Plan – Thursday 21<sup>st</sup> of May**

Here is a list of activities for the day. We suggest you do this in the morning, but choose when most suits your family's situation. Have food breaks and outside play breaks regularly between activities.

Subject	Activity	Tick when completed
Reading	Read a novel of your choice for 30 minutes. Write 5 adjectives, 5 proper nouns and 5 adverbs you can find.	
Writing	Procedural text. Read back over the information from yesterday and complete your procedural text. Once you have finished, edit your text. Make sure your steps are short and use verbs to explain what to do. Try to add some adverbs in to explain <i>how</i> you do things. Write up your procedure and include pictures to describe your steps. You could do this by typing up and taking photos or handwriting it and drawing pictures to demonstrate your steps.	
Spelling	Write your ten spelling words out on a piece of paper and use each word in a sentence. Each word needs to be used in one sentence, you are not allowed to use more than one word in a sentence, so you will need to write ten sentences. Underline the spelling word. Eg , boiling – I am <u>boiling</u> the water in a kettle so I can make my mum a cup of tea.	
Maths	<u>Mental Maths warm up.</u> Spend 5 minutes practising writing and recalling your five times tables. <u>Problem solving.</u> See the attached sheet with the problem solving questions for this week. Spend 30 minutes and see how many you can solve.	
Science	<b>Learning Task 4.2 - Making Chocolate Crackles <i>you will need a grown up to help with this</i></b> , so please wait till your grown up has time to come help or supervise you cooking. <ul style="list-style-type: none"> <li>• Follow the procedural text ‘How to Make Chocolate Crackles’ (in the science attachment).</li> <li>• Carefully watch what happens to the butter, golden syrup and chocolate when heat is applied. Also check in on your Chocolate Crackles as they cool and watch what happens to the butter, golden syrup and chocolate mixture as it sets.</li> <li>• Answer the following questions either in your exercise book or on the activity sheet for Learning Task 4.2 (in the science attachment).</li> </ul>	
Wellbeing	<b>Wellbeing</b> - “Tense and Release Muscle Relaxation” – Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing. Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release. Continue working up the body for more relaxation. In the afternoon, choose between the following activities: <ul style="list-style-type: none"> <li>• Playing outside if possible.</li> <li>• Draw 20 circles and turn each circle into something different, things like pizza, buttons, planets etc. Take a photo and upload it to class dojo.</li> <li>• Lego challenge – you enter a contest to build the world’s tallest tower. Will you win?</li> </ul>	

**Grade 3 Daily Plan – Friday 22<sup>nd</sup> of May**

Here is a list of activities for the day. We suggest you do this in the morning, but choose when most suits your family's situation. Have food breaks and outside play breaks regularly between activities.

Subject	Activity	Tick when completed
Reading	Read a novel of your choice for 30 minutes. Draw a picture of your favourite scene in the book so far.	
Writing	Write a paragraph describing your favourite scene in the novel you are reading. Think of all the things that are in the scene – what you can see, what you can hear, what you can feel, what is happening.	
Spelling	Write out your ten spelling words on a piece of paper. Give this paper to a grown up or sibling and ask them to test you on your words. See how many words out of ten you can spell correctly. Any words which you do not spell correctly become some of your ISL words for next week.	
Maths	<p><u>Mental Maths warm up.</u> Spend 5 minutes practising writing and recalling your five times tables.</p> <p><u>Spend 30 minutes on the maths site <a href="http://prodigygame.com">prodigygame.com</a></u> for practising mental maths. All students should have a log in username and password.</p>	
Indonesian	<p>Draw a floor plan of your house and label the rooms in Indonesian. Record on your floor plan where and how many of these things are in your house:- <b>apel, buku, es krim, komputer, lampu, pena, pensil, tomat</b> and <b>televisi</b>.</p> <p>The photo below shows children from Kaliasin playing a game. Can you work out what game it is?</p> 	
Wellbeing	<p><b>Wellbeing</b> - choose a song which makes you happy and play it. Move along to it.</p> <p>In the afternoon, choose between the following activities:</p> <ul style="list-style-type: none"> <li>• Playing outside if possible.</li> <li>• Draw 20 circles and turn each circle into something different, things like pizza, buttons, planets etc. Take a photo and upload it to class dojo.</li> <li>• Lego challenge – you enter a contest to build the world's tallest tower. Will you win?</li> </ul>	