

# Music Choice Board – 5-6

Choose 3 boxes each week.

<p><b>Listen</b> For this activity, you will need a ball and a recording of a song which has a strong beat. As you play your song, bounce the ball to the beat. If another family member is available, ask them to join in bouncing or passing the ball to each other.</p>	<p><b>Create &amp; Perform</b> Make an instrument from some things you find around your house. You can perform an original song using your homemade instrument or you can accompany a favourite recording with your new instrument.</p>	<p><b>Listen &amp; Sing</b> Find a nice sitting spot outside. Draw a picture of three things you hear around you that are making sounds. Can you imitate these sounds with your voice?</p>	<p><b>Create &amp; Perform</b> Listen carefully to a favourite song or piece of instrumental music. Make a cardboard version of a musical instrument you can hear in the song and play along on your cardboard replica.</p>
<p><b>Perform</b> On your ipad or other device, search for: <a href="#">Desktop Drumming – small.wmv by Zac Fahey.</a> (You Tube) You will also need a table! Follow the tutorial with Hoani and James. Learn each section. How fast can you go? Practice! Practice! Practice!!</p>	<p><b>Compose &amp; Research</b> On your phone or ipad, search for Google Doodle and open <a href="#">Fischinger</a>. Now create your own Visual Music. Who was Oskar Fischinger? Do some research and note down 5 facts you find interesting about him. Search online for a video by Fischinger to see and hear the magic of his music for yourself.</p>	<p><b>Perform</b> On your ipad or other device, search for the <a href="#">Hand Clapping Game “Sevens” by Splash Games.</a> (You Tube) You will also need a table! Learn the sequence from the online tutorial. How fast can you go? Practice! Practice! Practice!!</p>	<p><b>Perform</b> On your ipad or other device, search for <a href="#">The Cool Hand Beat by Telfer Life.</a> (You Tube) You just need a table! Annabel will demonstrate the sequence and then take you through it nice and slowly. Practice! Practice! Practice!!</p>
<p><b>Move</b> Air guitar to your favourite song. To do this, you pretend you are playing an imaginary rock or heavy metal-style guitar. Air guitar is a form of dance and movement and usually involves exaggerated actions and loud singing or lip-synching. Since 1996, air guitar has become a worldwide craze and every year contestants challenge one another in air playing competitions. You might like to search online for examples of air playing. Here is a tutorial with some basic moves: <a href="#">How to play the Air Guitar By The Song Room</a> (YouTube)</p>	<p><b>Compose &amp; Research</b> On a phone or ipad, search for Google Doodle and open <a href="#">Rockmore</a>. Try lessons one, two and three and then compose your own piece of music on the virtual theremin. Who was Clara Rockmore? Do some research and note down 5 facts about her. Who invented the theremin? Lots of people play the theremin. On you Ipad or other device, search for <a href="#">Somewhere Over the Rainbow</a> by Carolina Eyck. She also explains how to play the theremin.</p>	<p><b>Sing &amp; Groove</b> Choose one of your favourite songs and sing along. Search online for the lyrics and dance moves, or make up your own! Here are 3 examples of dance moves for Thunder by Imagine Dragons: <a href="#">1)Thunder - Imagine Dragons - Kids Easy Dance Fitness by Tiffany Krieg</a> (You Tube) <a href="#">2)Thunder (Imagine Dragons) Self Choreography Trio (8/18/17) by Ashur Ronan Taylor</a> (You Tube) <a href="#">3)KIDZ BOP Kids - Thunder (Dance Along) [KIDZ BOP Halloween]</a> (You Tube)</p>	<p><b>Perform</b> For this activity, you will need to enlist the help of 2 other members of your household. You will explore music rhythms such as quarter notes, eighth notes and quarter rests while putting together a cool ensemble.  On your ipad or other device, search for <a href="#">Stomp “Kitchen Beats” Tutorial by Chris Poynter.</a> (You Tube) Then, find 3 suitable sound sources in your kitchen and join in. Warning!!! Be careful when using drinking glasses. Ask an adult to assist you.  Now have a go at making your own composition using other rhythms and sound sources.</p>